

# ALCOHOL & OTHER DRUGS

**Adolescent Substance Abuse Program (ASAP)**

602‐953‐2727 (ASAP)

2530 S. Alma School Rd. Mesa,AZ

**Alcoholics Anonymous**

602‐264‐1341—meeting information www.aaphoenix.org

**Alcoholism & Addiction Assistance Assoc.**

602‐277‐7527

4210 N. Longview Ave

Phoenix AZ 85014

**AZ Board of Behavioral Examiners**

www.azbbhe.us

**AZ Drug Information Website**

www.drugfree.com

**AZ State Conference of Young People in AA**

www.ascypaa.org

Specific drug info

**Banner Behavioral Health**

602‐254‐HELP—Free helpline

757 E. Earl Drive

Scottsdale, AZ 85251

Offers inpatient and outpatient behavioral health and substance abuse treatment for adolescents and adults.

**Center for New Directions**

480‐507‐8619

943 S. Gilbert Road, Suite 204

Mesa, AZ 85204

Provides substance abuse treatment services and behavioral health counseling.

**Cocaine Anonymous**

www.caarizona.org

**Community Bridges/Journey‐A New Beginning**

480‐962‐7922

1550 N. Stonehenge Drive

**East Valley Addiction Center**

480‐962‐7711

Helpline 602‐222‐9444 or 1‐800‐662‐4357 www.samhsa.gov

**East Valley AA Intergroup Office**

www.aamesaaz.org

**East Valley AA meeting lists Families Anonymous**

www.familiesanonymous.org

**Hazelden Resource Materials**

www.hazelden.org

**Hope Women’s Center/Women’s Resource Center**

480‐983‐HOPE

252 N. Ironwood Drive

Apache Junction, Arizona 85120

Provides mentoring and resources for issues including unplanned pregnancy, drug and/or alcohol abuse, domestic abuse and homelessness.

**Magellan Behavioral Health Crisis Line and Suicide**

1‐800‐564‐5465

**Marc Center Behavioral Health Outpatient Clinic**

480‐844‐1653

4250 E. Florian Avenue, Bldg 1

Mesa, AZ 85206

**Narcotics Anonymous**

www.na.org

480‐897‐4636

**National Institute on Drug Abuse**

www.nida.nih.gov www.clubdrugs.org

**Nicotine Anonymous**

602‐900‐3860

**Substance Abuse and Mental Health Services Administration**

www.Samhsa.org

**Treatment Assessment Screening Center (TASC)**

480‐898‐1849

423 N Country Club Dr., Ste. 19

Mesa, AZ 85201 www.tasc‐arizona.org

**Terros Drug and Alcohol Abuse**

602‐685‐6000

3864 N. 27th Avenue Phoenix, AZ 85029 www.terros.org

**Twelve Step Family and Friends Support**

www.alanon.org

**Valley Wide Young People in AA**

www.valypaa.org

Young peoples’ AA meeting lists

# CRISIS HOTLINES

**Aurora Behavioral Health System**

24‐Hour Helpline

East: 480‐345‐5420

West: 623‐344‐4444

**Boys Town National Hotline**

800‐448‐3000

**Crisis Connection, Inc. 24‐hour Hotline**

1‐800‐245‐4580 www.crisisconnectioninc.org EMPACT Suicide Hotline

480‐784‐1500

**Magellan Behavioral Health Crisis Line and Suicide**

1‐800‐564‐5465

**Maricopa Crisis Hotline**

602‐222‐9444

**National Youth Crisis Line**

1‐800‐448‐4663

**Safe Hotline**

480‐279‐7233—www.safehotline@husd.org

**Sexual Abuse Hotline**

602‐254‐6400

**Shelter Hotline**

1‐800‐799‐7739 or 602‐263‐8900

**Teen Hotline**

602‐277‐7722

**Teen Lifeline**

800‐248‐TEEN

**Teens Talking to Teens Peer Counseling**

480‐461‐8888

# CULTURAL RESOURCES

**Black Family Children’s Services**

602‐256‐2948

**Native American Connections**

602‐254‐3247

# DOMESTIC VIOLENCE & SEXUAL ASSAULT

**Arizona Sexual Assault Network**

602‐258‐1195

**Center Against Sexual Assault (lectures)**

602‐254‐6400

**Crime Victims Compensation**

602‐279‐2900

**Sexual Assault Counseling**

480‐736‐4949

# EATING DISORDERS

**Marc Center Behavioral Health Outpatient Clinic**

480‐844‐1653

4250 E. Florian Avenue, Building 1

Mesa, AZ 85206

**Remuda Ranch Center for Anorexia and Bulimia**

1‐800‐455‐1900 x5288

One East Apache St. Wickenburg, AZ 85390 www.remudaranch.com

Provides Christian‐based intensive inpatient and residential programs for women and girls with eating disorders and related issues.

**Samaritan Willow Creek**

602‐254‐4357

**Self Help for Eating Disorders (SHED)**

480‐994‐9773

# EDUCATIONAL

**Arizona Literacy and Learning Center of the East Valley**

480‐528‐5793

33 N. Lindsay Road, Suite 109

Gilbert, AZ 85234 www.azlit.org

Provides early childhood screening for developmental stages, reading readiness, dyslexia and other learning disabilities. Provides diagnosis and therapy for children/adults with dyslexia and speech/language disabilities.

**Carmel Community Reading Skills**

480‐726‐8100

305 W. Barrow Dr.

Chandler, AZ 85225

Provides reading skills workshops for ages 4‐8

**Mesa Laubach Literacy Council, Inc**

480‐964‐3833

161 N. Mesa Drive

Mesa, AZ 85201

Tutors ESL, English, reading and math to non‐English and English speaking adults. Adults and teens, age 16 and up, are eligible.

**My Child’s Ready‐Child Crisis Center**

480‐304‐9440

1045 E. University Drive Mesa, AZ 85203 www.childcrisis.org

Offers free personal home visits, parent group meetings, developmental screenings, and resources for families in Gilbert, Mesa, and Queen Creek.

**Perry Branch Library**

602‐652‐3000

1965 E. Queen Creek Road

Gilbert, AZ 85296

Provides library services, children’s story hours and programming and adult programming.

**Rehabilitation Services of Arizona (RSA)**

602‐542‐3332

**The Family Tree Project**

480‐472‐7277

549 N. Stapley Drive

Mesa, AZ 85203

Offers preschool for children in 3‐4 age group in conjunction with adult ed classes for their parents, in adjoining rooms.

# EMERGENCY ANIMAL PLACEMENT SERVICES

**AZ Humane Society**

602‐977‐7585

# EMERGENCY/NONEMERGENCY NUMBERS

**Adult Protective Services**

602‐255‐0996

**Apache Junction Police**

480‐982‐8260

**Chandler Police Department**

480‐782‐2470

**Child Protective Services (CPS)**

888‐767‐2445

**Gilbert Police Department**

480‐503‐6500

**Maricopa County Sheriff’s Department**

602‐256‐1011

**Mesa Police Department**

480‐644‐2211

**Nine Line (runaway)**

1‐800‐999‐9999

# EMPLOYMENT SERVICES

**Arizona Women’s Education and Employment**

480‐497‐0350 x223

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

Provides job coaching, peer support groups, professional mentoring, job placement assistance and other services. Eligibility includes the unemployed, underemployed and working poor. Arizona Workforce **Connection—Gilbert**

480‐497‐0350

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

Provides employment assistance and training to adults, low income youth, and others with serious barriers to employment. Services include occupational and vocational training, job search training, employment counseling, basic education assistance and job search assistance.

**Maricopa Workforce Connections Career Development Center‐Gilbert**

602‐372‐9700

735 N. Gilbert Road

Employment center with services for employers and job seekers including employee recruitment, employment opportunities advertisements, job search and retention assistance and information about and referrals to available community resources.

**Rehabilitation Services of Arizona (RSA)**

602‐542‐3332

Tetra Corporation

602‐685‐9703 x208

2222 N.24th St Phoenix, AZ 85008 www.tetracorp.com

Job placement services for learning disabled

individuals.

**Tumbleweed**

602‐271‐9904

1419 N. 3rd Street, Suite 102

Phoenix, AZ 85004

[www.tumbleweed.org](http://www.tumbleweed.org)

# FAMILY SUPPORT & COUNSELING SERVICES

**Anasazi Outdoor Program for Young Adults**

480‐892‐7403

1424 S. Stapley Drive

Mesa, AZ 85204

Offers outdoor wilderness behavioral healthcare program for young adults, ages 18‐25 facing concerns including adjustment, anxiety, bipolar disorder, depression, eating disorders, obsessive‐ compulsive disorder, suicide ideation and substance abuse/dependence. Parent involvement is encouraged. Minimum stay is 42 days.

**Association for Supportive Child Care**

480‐829‐0500

3910 S. Rural Rd., Ste. E

Tempe, AZ 85282

**AZ Department of Economic Security**

602‐542‐4791 www.azdes.gov

**Arizona Psychological Association**

480‐675‐9477

1843 E. Southern Avenue

Tempe, AZ 85282

Provides information to the public about psychotherapy and psychologists.

**Banner Desert Behavioral Health Center**

602‐254‐HELP (4357)

2225 W. Southern Ave. Mesa, AZ 85202

Dr. Eric Benjamin, MD

602‐546‐0990

**Phoenix Children’s Hospital**

1919 East Thomas Road

Phoenix, AZ 85016

**Boys & Girls Clubs Gilbert Teen Center**

480‐813‐2020

44 N. Oak

Gilbert, AZ 85299

Provides guidance through educational, vocational, physical, group, social, and recreational activities. Develops alternatives to gang involvement.

**Lisa Bravo**

480‐382‐2894

**Center Against Sexual Abuse (CASA)**

602‐254‐9000

**Center Against Sexual Assault**

602‐254‐6400

2333 N. Center Ave. Phoenix, AZ 85004

**Child Care Resource and Referral**

480‐244‐2678

3910 S. Rural Rd., Ste. O Tempe, AZ 85282

**Child Crisis Center Counseling**

480‐222‐0194

120 W. University Drive

Mesa, AZ 85201

Offers a variety of individual group and family counseling. Specific topics include

adolescent/youth, anger management, grief, divorce and parent counseling.

**Child Crisis Center – East Valley**

480‐969‐2308

**Children’s Advocacy Center**

602‐861‐6735

185 E. Northern Avenue, Suite 202

Phoenix, AZ 85020

Offers treatment for abuse, grief, trauma, divorce, adoption and attachment issues. Uses play therapy and art therapy with children.

**Child and Family Support Services**

480‐635‐9944

**Child Crisis Center**

480‐969‐2308

817 N. Country Club Dr. Mesa, AZ 85211

**Dr. Rebecca Lahann**

602‐492‐3025

**Dr. Warren Littleford**

520‐704‐8196

**Dr. Lynn Nunemacher**

480‐788‐1899

**Dr. Tony Rusch**

602‐492‐3146

**East Valley Catholic Social Services**

480‐964‐8771 www.catholicsocialservices.com

East Valley Friends and Neighbors Club

480‐636‐8696

Social club that organizes social, charitable and educational activities.

**Family Resource Center**

480‐834‐9424

www.childcrisis.org

**Family Service Agency**

602‐264‐9891

2400 N. Central Avenue, Suite 400

Phoenix, AZ 85004

**FSA‐Center for New Directions**

480‐507‐8619

943 S. Gilbert Rd., Ste. 204

Mesa, AZ 85204

**Gilbert Cares**

480‐857‐8581

501 W. Country Estates Avenue

Gilbert, AZ 85233

Refurbishes homes of low income seniors, individuals with disabilities, and at‐risk families in the East Valley. Provides community service opportunities for youth groups.

**Gilbert Community Action Program (CAP)**

480‐892‐5331

1140 N. Gilbert Rd #109

Gilbert, AZ 85234

**Gilbert Community Services Department**

480‐503‐6200

Provides recreational programs for all ages throughout Gilbert.

**Gilbert Fire Department Information**

480‐503‐6300 www.gilbert.az.us

**Gilbert Police Information**

480‐503‐6500

**Hill Child Counseling**

480‐612‐444 www.hillchildcounseling.com

**Interfaith Counseling of the East Valley**

480‐969‐2783

**Jewish Family & Children’s Services**

480‐820‐0825

1930 S. Alma School Rd., Ste. A104

Mesa, AZ 85210

**LDS Family Services**

480‐968‐2995

235 South El Dorado Circle

Mesa, AZ 85202

**Marc Center Behavioral Health Outpatient Clinic**

480‐844‐1653

4250 E. Florian Avenue, Building 1

Mesa, AZ 85206

Provides individual, group and family counseling and psycho‐education that may vary in level of intensity. Addresses a variety of needs, including situational stressors, family relations, interpersonal relationships, mental health issues, psychiatric illnesses, additions and eating disorders. Magellan **Behavioral Health**

1‐800‐564‐5465

**Magellan Behavioral Health**

1‐800‐56405465

**Maricopa County Mental Health**

602‐220‐0278

4011 N. 16th St. Phoenix, AZ

**Parc Place**

480‐917‐9301

2190 N. Grace Blvd.

Chandler, AZ 85225 www.parc‐place.com

**Parents Anonymous Parenting**

1‐800‐352‐0528

**Parenting Services Info Line**

480‐834‐9365

**Parenting Skills Program**

480‐967‐6893

**Phoenix Children’s Hospital**

602‐546‐1000

www.phoenixchildrens.com

**Reimer, Shirley**

480‐206‐5002

**Sokol, Jean**

480‐522‐4113

**Southwest Behavioral Health Services**

602‐265‐8338

3450 North 3rd Street

Phoenix, AZ 85012

**Dr. Mark Treegoob, Psychologist, PhD**

480/409‐2321 x19

6625 S. Rural Rd, #111

Tempe, AZ 85283 or

14021 N. 51st Ave., #118

Glendale, AZ 85306

**Tri‐City Behavioral Health**

480‐839‐3603

1232 E. Broadway

Tempe, AZ 85282

**Turn a New Leaf**

480‐733‐3080 [www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)

# FINANCIAL/HOUSING/FOOD ASSISTANCE

**Arizona Department of Economic Security**

480‐777‐1168 480‐497‐0350

2288 W. Guadalupe Rd 735 N. Gilbert Rd., Ste 134

Gilbert, AZ 85233

**Boys & Girls Club**

480‐813‐2020

44 N. Oak

Gilbert, AZ 85233

**Community Information and Referral**

602‐263‐8856 — Hotline Number

**Gilbert Community Action Program**

480‐892‐5331

1140 N. Gilbert Rd Suite 109

Gilbert, AZ 85234

Assists families with issues including employment training, job searches, child care, budgeting, and credit counseling. Provides financial assistance to prevent eviction or other temporary housing needs including rental payments, mortgage assistance, utility payments, baby formula and food. Assists with air conditioning repairs in the summer for those who cannot afford to pay for repairs themselves.

**Gilbert Fire Department Information**

480‐503‐6300

**Gilbert Police Information**

480‐503‐6500

**Gilbert Youth & Adult Resources (affiliate of Gilbert Police Dept.)**

480‐635‐7700

75 E. Civic Center Dr. Gilbert, AZ 85296

**Maricopa Information Referral**

602‐263‐8856

**Matthew’s Crossing Food Bank**

480‐857‐2296

1368 N. Arizona Avenue, Suite 115

Chandler, AZ 85225

Offers free food distribution once per month per family. Low cost food boxes are available for purchase once a week using cash or food stamps.

**Paz De Cristo**

480‐464‐2370

424 W. Broadway Road

Mesa, AZ 85210

Distributes emergency food boxes to people in need. Prepares and serves congregate meals. Assists with medical expenses.

**Salvation Army Chandler**

480‐963‐2041

85 E. Saragosa Street

Chandler, AZ 85225

Provides assistance to individuals and families in need. Services include emergency food boxes, electric and gas utility.

**Save the Family**

480‐898‐0228

450 W. 4th Place

Mesa, AZ 85201

Provides a variety of rental assistance and transitional housing programs to low income families.

**Supplemental Security Income (SSI)**

1‐800‐772‐1213

**United Food Bank—Help Yourself/Kids Café**

480‐926‐4897

358 E. Javelina Avenue

Mesa, AZ 85210

Provides $26‐$30 worth of food for $16 cash or EBT. Kids Café provides nutritionally balanced evening meals five times per week to at‐risk children in Gilbert, Chandler, Apache Junction and other areas. **Value Options**

800‐631‐1314

444 N. 44th St. Phoenix, AZ 85008

# GRIEF AND LOSS

**Aurora Behavioral Health System**

24‐Hour Helpline

East: 480‐345‐5420

West: 623‐344‐4444

**Banner Baywood Grief Support Group**

480‐321‐2000

6644 E. Baywood Avenue

Mesa, AZ 85206

Peer support for those grieving the loss of a loved one

**Catholic Social Services**

602‐997‐6105

1825 W. Northern

Phoenix, AZ 85021

**Christy Center for Loss and Renewal**

480‐775‐5202

1730 W. Guadalupe Road Saint Timothy’s Church Mesa, AZ 85202

Provides grief and loss support groups for children, adults, and families.

**Franciscan Renewal Center**

Support Group – 480‐948‐7460

Grief & Loss Groups – 623‐560‐0500 x246

Grief Recovery Outreach – 623‐245‐0994

**Gatewings**

Grief workshops www.gatewings.com Hospice of the Valley

602‐530‐6900

**Mothers Against Drunk Driving**

602‐220‐6500

**Mothers Against Gangs**

602‐235‐9823

**New Song Center**

1510 E. Flower St. Phoenix, AZ 85014

480‐951‐8985 www.thenewsongcenter.org Support for grieving youth Safe Harbor Support, Inc.

480‐214‐5728

270 E. Tremaine Ave. Gilbert, AZ 85234

Provides crisis intervention and ongoing support for people who have lost loved ones in automobile accidents.

**Stepping Stones of Hope**

602‐264‐7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

Offers several different programs to help children and adults cope with grief and loss. Includes a variety of camp experiences specifically designed to help families address and process grief.

# HEALTH CARE RESOURCES

**ACCESS**

800‐564‐5465

**Arizona Department of Health Services (ADHS)**

602‐542‐1025

150 N. 18th Avenue

 Phoenix, AZ 85007‐3232

**Banner Baywood Medical Center**

480‐321‐2000

6644 E. Baywood Avenue

Mesa, AZ 85206‐1797

**Banner Desert Medical Center**

480‐512‐3000

1400 S. Dobson Road

Mesa, AZ 85202‐4758

**Care Partnership Clinic**

480‐833‐8987

466 S. Bellview St. Mesa, AZ 85204

Prenatal care and Pediatric outpatient clinic.

**Chandler Regional Hospital**

480‐728‐3000

475 S. Dobson Road

Chandler, AZ 85224‐5695

**Desert Vista**

800‐338‐6333

**Gilbert Hospital**

480‐503‐5400

1501 N. Gilbert Road

Gilbert, AZ 85234

**Good Samaritan Healthline**

800‐254‐4357

**Healthy Kids Dental Clinic**

623‐434‐9343 x111

**Maricopa County Department of Public Health**

602‐506‐6900

**Mission of Mercy‐Mesa**

602‐486‐7798

1616 E. Broadway Road

Mesa, AZ 85204

Offers free primary medical care for working poor and uninsured.

**Office for Special Health Care Needs (OSHCN)**

602‐542‐1860

**Outreach Office**

480‐833‐8987

**St. Lukes**

800‐821‐4193

**The Mesa Partnership**

480‐858‐1972

**Well Care Clinic at Gilbert Boys and Girls Club**

602‐263‐7619

44 N. Oak St. Gilbert, AZ 85233

Provides integrated health care for those single working mothers and/or their children who cannot afford necessary health care.

**Value Options**

602‐222‐9444

# LEGAL

**Child Support Enforcement**

602‐252‐4045

**Lawyer Referral Services**

602‐257‐4434

# MENTAL HEALTH

**Family Involvement Center**

602‐288‐0155

Help to improve services for children with a behavior health disability

**Magellan Behavioral Health**

1‐800‐564‐5465

**Mentally Ill Kids in Distress (MIKID)**

602‐253‐1240

**National Alliance for the Mentally Ill (NAMI‐AZ)**

602‐244‐8166

**National Institute of Mental Health**

www.nimh.nih.gov

# PREGNANCY

**1st Way Pregnancy Support Center**

602‐261‐7522

333 E. McDowell Road

Phoenix, AZ 85004

Provides 24‐hour crisis management and counseling for women who are pregnant. Offers free prenatal care, ultrasounds, pregnancy testing and referrals for legal, medical and financial assistance.

**Aid to Women Center**

480‐966‐1902

2039 S. Mill Ave., Ste. C Tempe, AZ 85282

Free pregnancy testing, counseling and education.

**East Valley Catholic Social Services**

480‐964‐8771

**Hope Women’s Center/Women’s Resource Center**

480‐983‐HOPE

252 N. Ironwood Drive

Apache Junction, Arizona 85120

Provides mentoring and resources for unplanned pregnancy, drug and/or alcohol abuse, domestic abuse, and homelessness.

**Parenting Classes for Parenting Teens**

Free series of parent classes designed to facilitate support and offer insight www.momprops.com

**New Turning Point Women’s Center**

480‐586‐6896

459 N. Gilbert Rd., Suite A135

Gilbert, AZ 85234

Provides services to women including crisis counseling, outpatient counseling, pregnancy education, referrals to appropriate community resources and free pregnancy testing.

**Planned Parenthood**

480‐892‐7888

1235 S. Gilbert Road, Ste. 20

Mesa, AZ 85204

**Pregnancy Hotline**

1‐800‐833‐4642

**TAPP ‐ Teenage Pregnancy Program**

480‐472‐9351

**Teen Outreach Pregnancy Services**

54 S. Center St., Mesa, AZ 85210

877‐882‐2881

# SHELTERS

**Autumn House (Women & Children)**

480‐835‐5555

Division of Pre‐hab

**Community Housing Partnership**

602‐253‐6905

609 N. 9th Street

Phoenix, AZ 85006‐3308

**Community Services of AZ**

480‐963‐4321

670 N. Arizona Ave., Ste. 23

Chandler, AZ 85224‐14‐18

Assist with rental evictions, utility cut offs and emergency food

**Florence Crittendon**

602‐274‐7318

**Salvation Army Family Shelter**

602‐267‐4130

2707 E. Van Buren Street Ste. 500

Phoenix, AZ 85008‐6089

# SPECIAL NEEDS

**Arizona Center for Disability Law**

602‐274‐6287

**Arizona Department of Education/Exceptional Student Services (ADE/ESS)**

602‐542‐4013

**Arizona Disabled Sports**

480‐644‐5702

**Arizona Early Intervention Program (AZEIP)**

602‐532‐9960

**Arizona Long Term Care System (ALTCS)**

1‐800‐772‐1213

**Division of Developmental Disabilities (DDD)**

602‐542‐0419

**Parent Information Network Specialist (PINS)**

480‐607‐3030

**Rehabilitation Services of Arizona (RSA)**

602‐542‐3332

**Raising Special Kids**

602‐242‐4366

# SUICIDE PREVENTION

**Aurora Behavioral Health System**

24‐Hour Helpline

East: 480‐345‐5420

West: 623‐344‐4444

**Empact (Suicide Intervention)**

480‐784‐1514 Main Line

480‐784‐1500 Suicide Hotline

1232 E Broadway, Ste. 120

Tempe, AZ 85282

**Magellan Behavioral Health**

1‐800‐564‐5465

**National Suicide Prevention Lifeline**

1‐800‐273‐TALK

Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem. Also makes referrals to appropriate services for ongoing care, if needed.

**Teen Life Line, Inc.**

 602‐248‐8336

Provides peer counseling and 24‐hour confidential phone intervention for teens.

**Teen Suicide: Battle Plan for Parents**

602‐264‐2394

1606 W. Indian School Road

Phoenix, AZ 85015

Offers a course to help parents identify the signs of depression, risk factors, and suicidal behaviors.

# TREATMENT CENTERS

**Anasazi Foundation**

480‐892‐7403

**Canyon State Academy**

480‐987‐9700

**Mayfield Center (23 hour respite)**

480‐464‐7468

**New Foundation**

480‐945‐3302

1200 N 77th St. Scottsdale, AZ 85257

**Prehab of AZ**

480‐969‐4024

868 E. University Dr. Mesa, AZ 85203

**Sunshine Acres (residential treatment)**

480‐823‐2540

**The Cottonwood Challenge**

520‐743‐0411

4110 W. Sweetwater Dr. Tucson, AZ 85745 www.cottonwooddetucson.com Tumbleweed (residential treatment)

602‐271‐9904

**Valley of the Sun**

602‐371‐0806

1142 W. Hatcher Rd

Phoenix, 85021

# CRISIS HOTLINES

**Arizona Child Abuse or Neglect Hotline**

1-888-767-2445

**AZ Child Protective Services (CPS) Child Abuse Hotline**

1-888-767-2445

**Banner Behavior Health – 24 hour**

602-254-4357 (HELP)

**Boys Town National Hotline**

1-800-448-3000

**Center Against Sexual Assault**

602-254-9000 (24 hours)

**Crisis Connection, Inc.**

1-800-245-4580 24 hr hotline www.crisisconnectioninc.org

**EMPACT Suicide Hotline**

480-784-1500 or 800-273-8255

**EMPACT - Domestic or Sexual Assault**

480-736-4949 or toll free

1-800-656-HOPE

**Maricopa Crisis Hotline**

1-800-631-1314

**National Domestic Violence Hotline**

1-800-799-7233

**Nine Line (runaway)**

1-800-RUNAWAY

www.1800RUNAWAY.org

**National Suicide Prevention Lifeline**

1-800-273-8255

**National Youth Crisis Line**

1-800-448-4663

**Safe Hotline – Higley District**

480-279-7233 www.safehotline@husd.org

 **Shelter Hotline**

1-800-799-7739 or 602-263-8900

**Teen Lifeline**

800-248-TEEN

www.teenlifeline.org

**Teens Talking to Teens Peer Counseling**

480-461-8888

# CULTURAL RESOURCES

**Black Family & Child Children’s Services of AZ**

602-243-1773 www.bfcsfamily.org

**Native American Connections**

602-254-3247 www.nativeconnections.org

# DOMESTIC VIOLENCE & SEXUAL ASSAULT

**AZ Coalition to End Sexual & Domestic Violence**

2800 N. Central Ave., Suite 1570

Phoenix, AZ 85004 (602) 279-2900 http://www.azcadv.org/

**EMPACT - Domestic or Sexual Assault**

480-736-4949 or toll free

1-800-656-HOPE

**RAINN-Rape, Abuse, Incest National Network**

1-800-656-HOPE

https://rainn.org/

# EATING DISORDERS

**Banner Behavioral Health Outpatient**

602-254-4357(HELP)

**Marc Center Behavioral Health Outpatient Clinic**

480-844-1653

4250 E. Florian Avenue, Building 1

Mesa, AZ 85206

**Remuda Ranch Center for Anorexia and Bulimia**

1-800-455-1900

Chandler and Wickenburg www.remudaranch.com

Provides Christian-based intensive inpatient and residential programs for Women and girls with eating disorders and related issues.

# EDUCATIONAL

**Arizona Literacy and Learning Center**

480-528-5793

1400 N Gilbert Rd., Ste P Gilbert, AZ 85234 www.azliteracy.org

Provides early childhood screening for developmental stages, reading readiness, dyslexia and other learning disabilities. Provides diagnosis and therapy for children/adults with dyslexia and speech/language disabilities.

**Mesa Laubach Literacy Council, Inc**

480-964-3833

161 N. Mesa Drive

Mesa, AZ 85201

Tutors ESL, English, reading and math to non-English and English speaking adults. Adults and teens, age

16 and up, are eligible.

**My Child’s Ready- Child Crisis Center**

480-304-9440

PO Box 4114

Mesa, AZ 85211 www.childcrisis.org

Offers free personal home visits, parent group meetings, developmental screenings, and resources for families in Gilbert, Mesa, and Queen Creek.

**Perry Branch Library**

602-652-3000

1965 E. Queen Creek Road

Gilbert, AZ 85297

**Rehabilitation Services of Arizona (RSA)**

602-542-3332

**The Family Tree Project – Mesa Public Schools**

480-472-7277 www.mpsaz.org/ecped

Offers preschool for children in 3-5 age group in conjunction with adult ed classes for their parents, in adjoining rooms.

# EMERGENCY ANIMAL PLACEMENT SERVICES

**AZ Humane Society**

1521 W Dobbins Rd

Phoenix, AZ 85041

602-997-7585

# EMERGENCY/NON-EMERGENCY NUMBERS

**Adult Protective Services**

602-255-0996

**Apache Junction Police**

480-982-8260

**Chandler Police Department**

480-782-4130

**Child Protective Services (CPS)**

888-767-2445

**Gilbert Fire Department Information**

480-503-6300

**Gilbert Police Department**

480-503-6500

**Maricopa County Sheriff’s Department**

602-876-1011

**Mesa Police Department**

480-644-2211 opt 2

# EMPLOYMENT SERVICES

**Maricopa Workforce Connections**

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

480-497-0350

http://myhsd.maricopa.gov/Divisions/Workforce- Development.aspx

Provides job coaching, peer support groups, professional mentoring, job placement assistance and other services. Eligibility includes the unemployed, underemployed and working poor.

**Rehabilitation Services of Arizona (RSA)**

1-800-563-1221 www.Azdes.gov/rsa/

**Beacon**

Job placement services for learning disabled individuals.

602-685-9703 x201

2222 N.24th St Phoenix, AZ 85008 http://www.beacongroup.org/

**Tumbleweed**

602-271-9904

24 hr. Crisis – 602-841-5799

3707 N 7th St Ste 305

Phoenix, AZ 85014

602-271-9904

www.tumbleweed.org

# FAMILY SUPPORT & COUNSELING SERVICES

**ANASAZI Foundation**

1424 South Stapley Dr. Mesa, Arizona 85204

480.892.7403

http://www.anasazi.org/

**Aurora Behavioral Health System**

6352 S. Maple Ave. Tempe, AZ 85283

480-345-5420 http://www.auroraarizona.com/

 **AZ Department of Economic Security**

The Arizona Department of Economic Security makes Arizona stronger by helping Arizonans reach their potential through temporary assistance for those in need, and care for the vulnerable.

602-542-4791 https://www.azdes.gov/

**Arizona Psychological Association**

4015 S. McClintock Drive, Suite # 110 Tempe, Arizona 85282

480-675-9477 http://www.azpa.org/?page=A2

**Banner Behavioral Health**

Offers inpatient and outpatient care

7575 E. Earll Dr. Scottsdale, AZ 85251

480-448-7500

http://www.bannerhealth.com/

**Child and Family Support Services**

10439 S. 51st Street Suite 100, Phoenix, AZ 85044

480-635-9944 https://cfss.com/

**Child Crisis Center**

604 W 9th St

Mesa, AZ 85201

480-969-2308 http://www.childcrisis.org/

**Community Bridges Aspire**

1012 S. Stapley Dr. Building #5 Mesa, AZ 85204

480-768-6022 http://communitybridgesaz.org/program-directory/

**East Valley Catholic Social Services**

430 N. Dobson Road Suite 110 Mesa, AZ 85201

480-964-8771

http://mesa.cylex-usa.com/company/east-valley- catholic-social-service-1781280.html

**Family Resource Center**

817 N. Country Club Dr. Mesa, AZ 85201

480-834-9424 http://www.childcrisis.org

**Family Service Agency**

943 S. Gilbert Rd. #204, Mesa, AZ 85204

480-507-8619 http://fsaphoenix.org

**Oasis Behavioral Health**

2190 N. Grace Blvd. Chandler, AZ 85225

480-917-9301 http://www.obhhospital.com/

**Gilbert Cares**

501W. Country Estates Avenue Gilbert, AZ 85233

480-857-8581 http://www.gilbertcares.org/

**Gilbert Community Action Program**

1140 N. Gilbert Rd #109 Gilbert, AZ 85234

480-892-5331 http://www.gilbertaz.gov/residents/living-in- gilbert/housing-community-development/social- services

**Phoenix Children’s Hospital**

Mercy Gilbert Medical Center

3555 South Val Vista Drive Gilbert Arizona 85296

602-933-1000

http://www.phoenixchildrens.org/locations/mercy- gilbert-pediatric-inpatient

**Spectrum Psychology Wellness**

1772 East Boston St. #105 Gilbert, AZ 85295

602-492-3025 http://spectrumwellnessaz.com/

**Jewish Family and Children’s Services**

1255 W Baseline Rd Ste B, Mesa, AZ Mesa, AZ 85210

480-820-0825 http://www.jfcsaz.org

**St. Luke’s Behavioral Health Center**

1800 E Van Buren St, Phoenix, AZ 85006

602-251-8535 <http://www.stlukesbehavioralhealth.com/>

**LDS Family Services**

235 South El Dorado Circle Mesa, AZ 85202

Phone: (480) 968-2995 https://providentliving.ld

**MARC Center Behavioral Health Outpatient Clinic**

924 N Country Club Dr, Mesa, AZ 85201

480-969-3800 http://marccr.com/

**Maricopa County Domestic Violence Resources**

http://www.azlawhelp.org/

**Mercy Maricopa**

602-222-9444 http://www.mercymaricopa.org/ www.crisisnetwork.org

**Town of Gilbert Youth and Adult Resources**

75 East Civic Center Drive Gilbert, AZ 85296

480-635-7701 http://www.gilbertaz.gov/departments/police/youth-adult-resources

**Dr. Eric Benjamin, MD**

Phoenix Children’s Hospital

1919 East Thomas Road

Phoenix, AZ 85016

602-546-1000

**Ms. Lisa Bravo, MC**

Counseling

1490 S. Price Rd. # 110, Chandler, AZ 85286

480-382-2894

https://thebravoeffect.com/

**A New Leaf**

Homeless and domestic violence shelters with services, affordable housing solutions, behavioral health and case management services, foster care, counseling, financial literacy coaching, and basic needs.

868 E University Dr. Mesa, AZ 85203

480-969-4024

http://www.turnanewleaf.org

**Natasha Daniels, LCSW**

825 W. Warner Road Chandler Arizona 85225

480-612-4444

http://www.hillchildcounseling.com/

**Dr. Warren Littleford**

1490 S Price Road Suite 202

Chandler, Arizona

520-704-8196

**Dr. Shirley Reimer, Psychologist**

1553 W. Todd Dr. #103 Tempe, AZ

480-206-5002

**Dr. Cheryl Smith, LCSW**

602-690-8079

**Ms. Jean Sokol, LCSW**

2435 E Southern Ave #2, Tempe, AZ 85282

480-522-4113

**Dr. Mark Treegoob, Psychologist**

6625 S. Rural Rd. #111 Tempe, AZ 85283

480-409-2321

# FINANCIAL/HOUSING/FOOD ASSISTANCE

**Arizona Department of Economic Security**

623-245-6300

4502 W. Indian School Rd Phoenix, AZ www.azdes.gov

**Boys & Girls Club**

480-813-2020

44 N. Oak

Gilbert, AZ 85233

http://www.clubzona.org/locations/gilbert/

**Gilbert Community Action Program**

480-892-5331

1140 N. Gilbert Rd Suite 109

Gilbert, AZ 85234

Assists families with issues including employment training, job searches, child care, budgeting, and credit counseling. Provides financial assistance to prevent eviction or other temporary housing needs including rental payments, mortgage assistance, utility payments, baby formula and food. Assists

with air conditioning repairs in the summer for those who cannot afford to pay for repairs themselves.

**Gilbert Youth & Adult Resources**

(affiliate of Gilbert Police Dept.)

480-635-7701

75 E. Civic Center Dr. Gilbert, AZ 85296

**Matthew’s Crossing Food Bank**

480-857-2296

1368 N. Arizona Avenue, Suite 115

Chandler, AZ 85225

Offers free food distribution once per month per family. Low cost food boxes are available for purchase once a week using cash or food stamps. www.matthewscrossing.org

**Paz De Cristo**

480-464-2370

424 W. Broadway Road

Mesa, AZ 85210

Distributes emergency food boxes to people in need. Prepares and serves congregate meals. Assists with medical expenses.

**Salvation Army Chandler**

480-963-2041

85 E. Saragosa Street

Chandler, AZ 85225

Provides assistance to individuals and families in need. Services include emergency food boxes, electric and gas utility. www.salvationarmyofchandler.org/

**Save the Family**

480-898-0228

125 E. University Dr. Mesa, AZ 85201

Provides a variety of rental assistance and transitional housing programs to low income families.

www.savethefamily.org

**Supplemental Security Income (SSI)**

1-800-772-1213 www.ssa.gov

**United Food Bank—Help Yourself/Kids Café**

480-926-4897

358 E. Javelina Avenue Mesa, AZ 85210 <https://unitedfoodbank.org/aboutus/programs/help-yourself/>

# GRIEF AND LOSS

**Banner Hospice Groups and Classes**

480-657-1167 https://www.bannerhealth.com/Locations/Arizona/Banner+Hospice/Support+Groups/\_Support+Groups.htm

Peer support for those grieving loss of a loved one

**Christy Center for Loss and Renewal**

480-775-5202

1730 W. Guadalupe Road Saint Timothy’s Church Mesa, AZ 85202

Provides grief and loss support groups for children, adults, and families.

**Franciscan Renewal Center**

Support Group – 480-948-7460

5802 E. Lincoln Dr.

Scottsdale, AZ 85253

**Hospice of the Valley**

1982 E Woodside Ct

Gilbert, AZ 85297

480-786-4482

www.hov.org

**Mothers Against Drunk Driving**

602-240-6500 http://www.madd.org/local-offices/az/

**New Song Center for Grieving Childrem Hospice of the Valley**

https://www.hov.org/welcome-new-song-center- grieving-children

Support for grieving youth

**Stepping Stones of Hope**

602-264-7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

Offers several different programs to help children and adults cope with grief and loss. Includes a variety of camp experiences specifically designed to help families address and process grief. [www.steppingstonesofhope.org](http://www.steppingstonesofhope.org)

# HEALTH CARE RESOURCES

**AHCCCS**

Arizona Health Care Cost Containment System

602-417-4000 www.azahcccs.gov

**Arizona Department of Health Services (ADHS)**

602-542-1025

150 N. 18th Avenue Phoenix, AZ 85007-3232 www.azdhs.gov

**Banner Baywood Medical Center**

480-543-2000

1900 N. Higley Rd. Gilbert, AZ 85234

**Banner Desert & Cardon Children’s Medical Centers**

480-412-3000

1400 S. Dobson Road

Mesa, AZ 85202-4758

**Care Partnership Clinic**

480-833-8987

466 S. Bellview St. Mesa, AZ 85204

Prenatal care and Pediatric outpatient clinic.

**Chandler Regional Medical Center**

480-728-3000

1955 W. Frye Rd

Chandler, AZ 85224-5695

**Desert Vista Behavioral Health Hospital**

570 W Brown Rd

Mesa, AZ 85201

480-344-2000

**Maricopa County Department of Public Health**

602-506-6900

4041 N. Central Ave. Phoenix, AZ 85012 http://www.maricopa.gov/publichealth

**Mission of Mercy-Arizona**

480-861-2233

360 E. Coronado Road, #160

Phoenix, AZ 85004

Offers free primary medical care for working poor and uninsured. http://www.amissionofmercy.org/arizona/

**Office for Special Health Care Needs (OSHCN)**

602-542-1860

1-800-232-1676 hotline

150 N. 18th Ave. #320

Phoenix, AZ 85007 http://www.azdhs.gov/

**Family Involvement Center**

602-412-4095

5333 N 7th St A-100

Phoenix, AZ 85014

http://www.familyinvolvementcenter.org

**Marc Center Behavioral Health Outpatient Clinic**

4250 E. Florian Avenue, Bldg 1

Mesa, AZ

480-844-1653

http://marccr.com

**Magellan of Arizona**

1-800-631-1314 www.magellanofaz.com

**St. Lukes Medical Center**

602-821-8100

1800 E Van Buren St Phoenix, AZ 85006 www.stlukesmedcenter.com

**Value Options**

602-957-2220

# LEGAL

**Child Support Enforcement**

602-252-4045 https://www.azdes.gov/az\_child\_support/

**Maricopa County Bar Association - Lawyer Referral Service**

602-257-4434 http://maricopalawyers.org/

# MENTAL HEALTH

**Aurora Behavioral Health System**

480-345-5420 24-Hour Helpline

6015 W. Peoria Ave.

Glendale, AZ 85302 www.auroraarizona.com/

**East Valley Catholic Social Services**

480-964-8771

**Mentally Ill Kids in Distress - MIKID**

602-253-1240 http://www.mikid.org/

**National Alliance for the Mentally Ill (NAMI-AZ)**

602-244-8166 www.namiaz.org

**National Institute of Mental Health**

www.nimh.nih.gov

# PREGNANCY

**1st Way Pregnancy Support Center**

602-261-7522

24 hr hotline – 1-800-712-4357

3501 N. 16th St

Phoenix, AZ 85016 www.1stway.net

Provides 24-hour crisis management and counseling for women who are pregnant. Offers free prenatal care, ultrasounds, pregnancy testing and referrals for legal, medical and financial assistance.

**Aid to Women Center**

480-966-1902

2039 S. Mill Ave., Ste. C

Tempe, AZ 85282

Free pregnancy testing, counseling and education. www.aidtowomencenter.org/

**Hope Women’s Center/Women’s Resource Center**

480-983-HOPE (4673)

Provides mentoring and resources for unplanned pregnancy, drug and/or alcohol abuse, domestic abuse, and homelessness. http://www.hopewomenscenter.org/

**Parenting Classes for Parenting Teens**

Free series of parent classes designed to facilitate

support and offer insight www.momprops.com

**New Turning Point Women’s Center**

24 hr hotline – 480-586-6896

Provides services to women including crisis counseling, outpatient counseling, pregnancy education, referrals to appropriate community resources and free pregnancy testing. http://newturningpoint.com/

**Planned Parenthood**

602-277-7526

1235 S. Gilbert Road, Ste. 20

Mesa, AZ 85204

https://www.plannedparenthood.org

**Pregnancy and Breastfeeding Hotline**

1-800-833-4642

http://www.azdhs.gov/phs/owch/hot\_line.htm

**Teen Outreach Pregnancy Services**

480-668-8800

931 E Southern Ave #101

Mesa, AZ 85204 <https://www.teenoutreachaz.org>

# SHELTERS

**Autumn House (Women & Children)**

480-835-5555 www.womenshelters.org/det/az- autumn\_house\_domestic\_violence\_shelter

**Community Housing Partnership**

602-253-6905

609 N. 9th Street

Phoenix, AZ 85006-3308

**Community Services of AZ**

480-782-2727

670 N Arizona Ave

Chandler, AZ 85225

Assist with rental evictions, utility cut offs and emergency food

**Florence Crittendon**

602-274-7318

https://www.flocrit.org/

**Salvation Army Family Shelter**

480-963-2041

85 E. Saragosa Street

Chandler, AZ

# SPECIAL NEEDS

**Arizona Center for Disability Law**

602-274-6287 www.acdl.com

**Arizona Department of Education/Exceptional Student Services (ADE/ESS)**

602-542-4013 http://www.azed.gov/special-education/

**Arizona Disabled Sports**

480-835-6273 www.arizonadisabledsports.com/Contacts.html

**Arizona Early Intervention Program (AZEIP)**

602-532-9960 https://www.azdes.gov/azeip/

**Arizona Long Term Care System (ALTCS)**

602-417-6600

https://www.azahcccs.gov/applicants/application/AL TCS.aspx

**AZ DEZ - Division of Developmental Disabilities**

602-542-0419 https://www.azdes.gov/developmental\_disabilities/

**Parent Information Network Specialist (PINS)**

1-888-877-5910

**Rehabilitation Services of Arizona (RSA)**

1-800-563-1221 https://www.azdes.gov/rehabilitation\_services/

**Raising Special Kids**

602-242-4366

<http://www.raisingspecialkids.org/>

# SUICIDE PREVENTION

**Aurora Behavioral Health System**

24-Hour Helpline

480-345-5420 <http://www.aurorabehavioral.com/>

**Anasazi Foundation**

480-892-7403

1424 South Stapley Drive Mesa, AZ 85204 http://www.anasazi.org/ Canyon State Academy

480-987-9700

20061 E Rittenhouse Rd Queen Creek, AZ 85142 www.canyonstateacademy.com

**New Foundation**

480-945-3302

1200 N 77th St.

Scottsdale, AZ 85257 http://thenewfoundation.org/

**La Frontera - Empact (Suicide Intervention)**

480-784-1514 Main Line

480-273-8255 (TALK) Suicide Hotline

1232 E Broadway, Ste. 120

Tempe, AZ 85282 www.lafrontera-empact.org/

**Magellan of Arizona**

1-800-631-1314 www.magellanofaz.com

**National Suicide Prevention Lifeline**

1-800-273-TALK

Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem.

**Teen Life Line, Inc.**

602-248-8336 (TEEN)

800-248-8336 (TEEN)

Provides peer counseling and 24-hour confidential phone intervention for teens. http://teenlifeline.org/

# TREATMENT CENTERS

**A New Leaf**

480-733-3024

868 E. University Dr. Mesa, AZ 85203 www.turnanewleaf.org/

**Sunshine Acres (residential treatment)**

3405 N Higley Rd

Mesa, AZ 85215

480-823-2540 www.sunshineacres.org/

**Cottonwood Tucson**

Inpatient holistic behavioral health treatment center

1-800-877-4520

4110 W. Sweetwater Dr.

Tucson, AZ 85745

www.cottonwooddetucson.com

**Tumbleweed (residential treatment)**

602-271-9904

24 hr Hotline – 602-841-5799 http://tumbleweed.org/

**Valley LIFE**

602-371-0806

Phoenix, 85021 www.valleylifeaz.org